

Stronger Families Key Working



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Our Vision

“Hillingdon families are empowered to be and feel strong, safe and healthy through the provision of early and targeted support to reach their full potential.



Consent Based Service

- We need parents/carers consent for us to be able to contact you and offer our support
- Consent can be withdrawn at any time during the support
- If any safeguarding concerns are identified and the child is at risk of harm we all have a duty of care to refer to children's social care for further support

What is the Role of a Stronger Families Key Worker

- Key workers work with families in their own home and in the community with their consent
- Create a stronger families plan of support in partnership with family and appropriate professionals to achieve positive change
- Conduct weekly face to face support
- Complete 1:1 support with children/young people where appropriate
- Support family to access appropriate services



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What is Stronger Families Key Working

The Key working model has two component parts:

- Delivering practical bespoke parenting interventions with parents and their dependent children using methodologies such as coaching, modelling, problem solving and solution focussed interventions.
- Supporting families to access universal and targeted services which will support them in the longer term or negotiate with those that they may already be involved with for different services/support or interventions.

We are part of Hillingdon's early help offer, we do not currently work with families who are open to children's social care.

What can a Stronger Families Key Worker help with

- Review and model of parenting, domestic rules
- House rules, morning/bedtime routines and boundaries
- Supporting parents to engage and liaise with education, health and other partners
- Healthy eating/cooking
- How to play, read and interact
- Community based work to model behaviour management for parents with their children
- Clear objectives embedded by regular challenge and encouragement, consistently applied over an agreed period of time
- Work on understanding safe and healthy relationships (to reduce domestic abuse, child sexual exploitation)

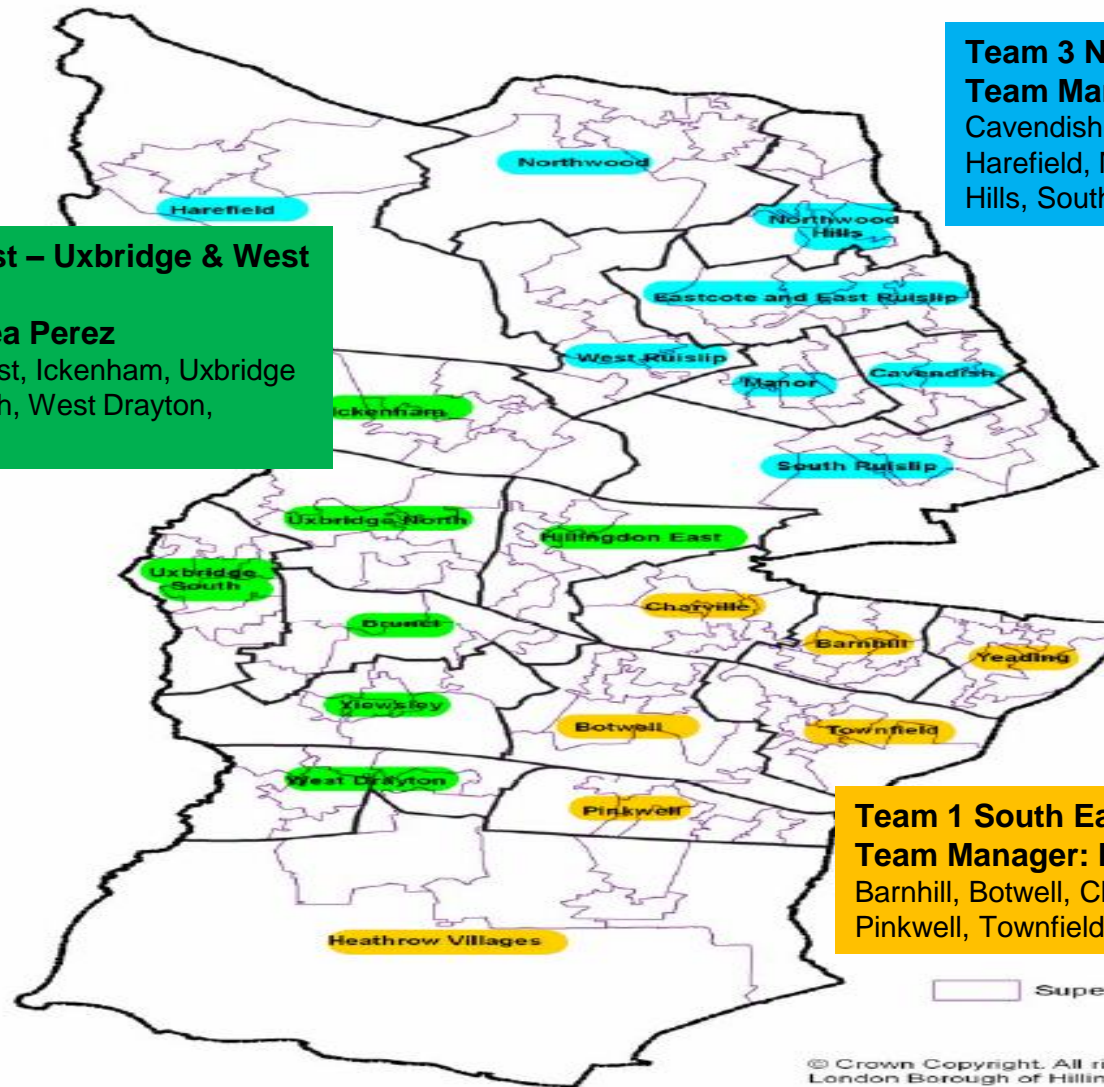
Some areas that Stronger Families Key Workers have experience in

- Poor lifestyle eg: unhealthy diets
- Missed developmental milestones
- Poor hygiene – self care
- Poor home conditions
- Poor school attendance
- Lack of parental warmth and encouragement
- Use of physical chastisement
- Families who have experienced domestic abuse which is no longer present
- Parents needing support to understand and manage the risks of child sexual exploitation
- Families with limited social interaction and community involvement
- Families at risk of eviction
- Families in rent arrears
- Families at risk of financial exclusion
- Parent or child/young person drug or alcohol misuse
- Parent or child/young person suffering loss or bereavement
- Teenage parents
- Child/young person low self-esteem, low motivation, well-being concerns
- Family being reunified after a child in care episode
- Children with caring responsibilities for adults or siblings
- Parents needing support to understand and manage the effects of sexual abuse suffered by their children



Localities and Contacts

London Borough of Hillingdon



Team 2 South West – Uxbridge & West Drayton

Team Manager: Lea Perez

Brunel, Hillingdon East, Ickenham, Uxbridge North, Uxbridge South, West Drayton, Yiewsley

Team 3 North – Ruislip & Northwood

Team Manager: Linda Harrison

Cavendish, Eastcote & East Ruislip, Harefield, Manor, Northwood, Northwood Hills, South Ruislip, West Ruislip

Team 1 South East – Hayes & Harlington

Team Manager: Debbie Beeken

Barnhill, Botwell, Charville, Heathrow Villages, Pinkwell, Townfield, Yeading

How to access support

- Parents & Professionals can access the Stronger Families Hub through www.hillingdon.gov.uk
- You are asked to answer 8 questions on an Early Help Assessment form (EHA) to enable us to link you in with the most appropriate support.

Range of support services also available

- Health Visitors - 0 - 5 years
- Children's Centres under 5's but offer a range of partner services
- School Nurses - health & well-being
- Brilliant Parents - courses for parents
- Participation Team - attendance & exclusion
- Targeted Programmes - 8 - 25 years - various groups
- HACs - support for autistic children & their parents
- ARCH - substance misuse
- Homeless Prevention Team
- P3 - housing and finance advice
- Hestia - domestic abuse support
- Hillingdon Law Centre - legal advice



Stronger Families Key Working - Recap

- Consent based
- Parent focussed
- Co-produce SF KW support plans
- Weekly face to face contacts
- 6 weekly progress reviews
- Case recording on EHM

Finally

- Any questions?



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