

Curriculum Overview 2022/23

PE Specialist & Class Teacher	Autumn		Spring		Summer	
	<b>Reception</b>	Introduction to PE: Unit 1	Dance: Unit 1	Gymnastics: Unit 1	Fundamentals: Unit 1	Ball Skills: Unit 1
<b>Y1</b>	<i>Fitness ABC (Agility, Balance, Coordination)</i>	Games <i>Ball control &amp; skills sending &amp; receiving</i>	Games <i>Team Building (Social)</i>	Games <i>(Ball skills)</i>	<i>Athletics (Developing running, jumping &amp; throwing skills)</i>	<i>Target Games (Throwing skills)</i>
	GETSET4PE Fundamentals	GETSET4PE Dance	GETSET4PE Gymnastics	GETSET4PE Invasion	GETSET4PE Net and wall	GETSET4PE Striking and Fielding
<b>Y2</b>	<i>Fitness ABC (Agility, Balance, Coordination)</i>	Games <i>Ball control &amp; skills sending &amp; receiving</i>	Games <i>Team Building (Social)</i>	Games <i>(Ball skills)</i>	Developing running, jumping & throwing skills <i>Athletics</i>	Target Games <i>(Throwing skills)</i>
	GETSET4PE Fundamentals	GETSET4PE Dance	GETSET4PE Gymnastics	GETSET4PE Invasion	GETSET4PE Net and Wall	GETSET4PE Striking and Fielding
<b>Y3</b>	<i>Football (Ball Mastery)</i>	Basketball <i>(Ball Control)</i>	<i>Fitness (Speed/stamina)</i>	Hockey <i>(Ball control sticks)</i>	Developing running, jumping & throwing skills <i>Athletics</i>	Cricket <i>(Striking &amp; fielding)</i>
	GETSET4PE Fundamentals	GETSET4PE Dance	GETSET4PE Gymnastics	GETSET4PE Tennis	GETSET4PE Outdoor Adventure Activities	GETSET4PE Rounders
<b>Y4</b>	<i>Tag Rugby (Awareness)</i>	Netball <i>(Ball Control &amp; Movement)</i>	<i>Fitness (Speed/stamina)</i>	Handball <i>(Ball control/Ball striking)</i>	Developing running, jumping & throwing skills <i>Athletics</i>	Cricket <i>(Striking &amp; fielding)</i>
	GETSET4PE Ball Skills 3/4	GETSET4PE Dance	GETSET4PE Gymnastics	GETSET4PE Tennis	GETSET4PE Outdoor Adventure Activities	GETSET4PE Rounders

Curriculum Overview 2022/23

					(Team building & problem solving)	
<b>Y5</b>	<i>Football (Ball Mastery)</i>	Basketball (Ball control & Movement)	<i>Fitness (Speed/stamina)</i>	Hockey (Ball control sticks)	Consolidating Running, jumping & throwing skills Athletics	Cricket (Striking & fielding)
	GETSET4PE Yoga	GETSET4PE Dance	GETSET4PE Gymnastics	GETSET4PE Tennis	<b>Swimming</b>	GETSET4PE Rounders
<b>Y6</b>	<i>Tag Rugby (Awareness)</i>	Netball (Ball Control & Movement)	<i>Fitness (Speed/stamina)</i>	Handball (Ball control/Ball striking)	Developing running, jumping & throwing skills Athletics	Cricket (Striking & fielding)
	GETSET4PE Yoga	GETSET4PE Dance	GETSET4PE Gymnastics	GETSET4PE Tennis	GETSET4PE Outdoor Adventure Activities (Team building & problem solving)	<b>Swimming</b>