

New PSHRE Overview 2022/23

	Aut 1	Aut2	Spr 1	Spr 2	Sum 1	Sum 2
Year 1	Keeping myself Safe <u>Healthy me</u> <u>Super sleep</u> <u>Who can help?</u> <u>Harold loses Geoffrey</u> <u>What could Harold do?</u> <u>Good or bad touches?</u> <u>Sharing pictures</u>	Being my Best <u>I can eat a rainbow</u> <u>Eat well</u> <u>Catch it! Bin it! Kill it!</u> <u>Harold learns to ride his bike</u> <u>Pass on the praise!</u> <u>Harold has a bad day</u>	Me & My Relationships <u>Why we have classroom rules</u> <u>Thinking about feelings</u> <u>Our feelings</u> <u>Feelings and bodies</u> <u>Our special people</u> <u>balloons</u> <u>Good friends</u> <u>How are you listening?</u>	Rights & Responsibilities <u>Around and about the school</u> <u>Taking care of something</u> <u>Harold's money</u> <u>How should we look after our money?</u> <u>Basic first aid</u>	Valuing differences <u>Same or different?</u> <u>Unkind, tease or bully?</u> <u>Harold's school rules</u> <u>Who are our special people?</u> <u>It's not fair!</u>	Growing and Changing <u>Inside my wonderful body!</u> <u>Taking care of a baby</u> <u>Then and now</u> <u>Who can help?</u> <u>Surprises and secrets</u> <u>Keeping privates private</u>
Year 2	Keeping myself Safe <u>How safe would you feel?</u> <u>What should Harold say?</u> <u>I don't like that!</u> <u>Fun or not?</u> <u>Should I tell?</u> <u>Some secrets should never be kept</u>	Being my Best <u>You can do it!</u> <u>My day</u> <u>Harold's postcard</u> <u>Harold's bathroom</u> <u>My body needs...</u> <u>What does my body do?</u>	Me & My Relationships <u>Our ideal classroom</u> <u>How are you feeling today?</u> <u>Bullying or teasing?</u> <u>Don't do that!</u> <u>Being a good friend</u> <u>Let's all be happy!</u>	Rights & Responsibilities <u>Getting on with others</u> <u>When I feel like erupting</u> <u>Feeling safe</u> <u>How can we look after our environment?</u> <u>Playing games</u>	Valuing differences <u>What makes us who we are?</u> <u>How do we make others feel?</u> <u>My special people</u> <u>When someone is feeling left out</u> <u>An act of kindness</u> <u>Solve the problem</u>	Growing and Changing <u>A helping hand</u> <u>Sam moves away</u> <u>Haven't you grown!</u> <u>My body, your body</u> <u>Respecting privacy</u> <u>Basic first aid</u>
Year 3	Being my Best <u>Poorly Harold</u> <u>For or against?</u> <u>I am fantastic!</u> <u>Getting on with your nerves!</u> <u>Body team work</u> <u>Top talents</u>	Keeping myself Safe <u>Safe or unsafe?</u> <u>Danger or risk?</u> <u>The Risk Robot</u> <u>Alcohol and cigarettes: the facts</u> <u>None of your business!</u> <u>Help or harm?</u>	Me & My Relationships <u>My special pet</u> <u>Tangram team challenge</u> <u>Looking after our special people</u> <u>How can we solve this problem?</u> <u>Dan's dare</u> <u>Friends are special</u>	Rights & Responsibilities <u>Our helpful volunteers</u> <u>Helping each other to stay safe</u> <u>Recount task</u> <u>Harold's environment project</u> <u>Can Harold afford it?</u> <u>Earning money</u>	Valuing differences <u>Family and friends</u> <u>My community</u> <u>Respect and challenge</u> <u>Our friends and neighbours</u> <u>Let's celebrate our differences</u> <u>Zeb</u>	Growing and Changing <u>Relationship Tree</u> <u>Body space</u> <u>Secret or surprise?</u> <u>My changing body</u> <u>Basic first aid</u>
Year 4	Keeping myself Safe <u>Danger, risk or hazard?</u> <u>Picture Wise</u> <u>How dare you!</u> <u>Medicines: check the label</u> <u>Know the norms</u> <u>Keeping ourselves safe</u>	Being my Best <u>What makes me ME!</u> <u>Making choices</u> <u>SCARF Hotel</u> <u>Harold's Seven Rs</u> <u>My school community</u> <u>Basic first aid</u>	Me & My Relationships <u>Ok or not ok? (part 1)</u> <u>Ok or not ok? (part 2)</u> <u>Human machines</u> <u>Different feelings</u> <u>When feelings change</u> <u>Under pressure</u>	Rights & Responsibilities <u>Who helps us stay healthy and safe?</u> <u>It's your right</u> <u>How do we make a difference?</u> <u>In the news!</u> <u>Safety in numbers</u> <u>Why pay taxes?</u>	Valuing differences <u>Can you sort it?</u> <u>Islands</u> <u>Friend or acquaintance?</u> <u>What would I do?</u> <u>The people we share our world with</u> <u>That is such a stereotype!</u>	Growing and Changing <u>Moving house</u> <u>My feelings are all over the place!</u> <u>All change!</u> <u>Preparing for periods (Optional part of RSE)</u> <u>Secret or surprise?</u> <u>Together</u>
Year 5	Me & My Relationships	Being my Best	Keeping myself Safe	Rights & Responsibilities	Valuing differences	Growing and Changing

	<u>Give and take</u> <u>How good a friend are you?</u> <u>Relationship cake recipe</u> <u>Being assertive</u> <u>Our emotional needs</u> <u>Communication</u>	<u>Getting fit</u> <u>It all adds up!</u> <u>Different skills</u> <u>Independence and responsibility</u> <u>Basic first aid, Sepsis Awareness</u>	<u>'Thinking' about habits</u> <u>Jay's dilemma</u> <u>Ella's diary dilemma</u> <u>Decision dilemmas</u> <u>Drugs: true or false?</u> <u>Smoking: what is normal?</u>	<u>What's the story?</u> <u>Fact or opinion?</u> <u>Rights, responsibilities and duties</u> <u>Spending wisely</u> <u>Lend us a fiver!</u> <u>Local councils</u>	<u>Qualities of friendship</u> <u>Kind conversations</u> <u>Happy being me</u> <u>The land of the Red People</u> <u>Is it true?</u> <u>It could happen to anyone</u>	<u>How are they feeling?</u> <u>Taking notice of our feelings</u> <u>Changing bodies and feelings</u> <u>Help! I'm a teenager - get me out of here!</u> <u>Stop, start, stereotypes</u>
Year 6	Rights & Responsibilities <u>Two sides to every story</u> <u>Fakebook friends</u> <u>Jobs and taxes</u> <u>Action stations!</u> <u>Democracy in Britain 1 - Elections</u> <u>Democracy in Britain 2 - How (most) laws are made</u>	Being my Best <u>Five Ways to Wellbeing project</u> <u>This will be your life!</u> <u>Our recommendations</u> <u>What's the risk? (1)</u> <u>What's the risk? (2)</u> <u>Basic first aid, including Sepsis Awareness</u>	Me & My Relationships <u>Working together</u> <u>Let's negotiate</u> <u>Solve the friendship problem</u> <u>Assertiveness skills</u> <u>Don't force me</u> <u>Acting appropriately</u>	Keeping myself Safe <u>Think before you click!</u> <u>To share or not to share?</u> <u>What sort of drug is...?</u> <u>Drugs: it's the law!</u> <u>Alcohol: what is normal?</u> <u>Joe's story (part 1)</u>	Valuing differences <u>OK to be different</u> <u>We have more in common than not</u> <u>Respecting differences</u> <u>Tolerance and respect for others</u> <u>Advertising friendships!</u> <u>Boys will be boys? - challenging gender stereotypes</u>	Growing and Changing <u>Helpful or unhelpful?</u> <u>Managing change</u> <u>I look great!</u> <u>Media manipulation</u> <u>Pressure online</u> <u>Is this normal?</u> <u>Dear Ash</u> <u>Making babies</u>