



**Brilliant  
Parents**  
Transforming  
Children's Lives

## Triple P Stepping Stones



**Triple P Stepping Stones - Eight-Week Course**  
**Monday 4<sup>th</sup> September 2023 - Monday 30<sup>th</sup> October 2023**  
**(Excluding half term - Monday 23<sup>rd</sup> October 2023)**  
**6:30pm - 8:30pm**  
**Delivered via Zoom**

### IS THIS YOU?

You have a child with a developmental disability and life is incredibly tough. Your child may seem unwilling or unable to follow instructions or master new skills. Perhaps they have terrible tantrums or emotional 'meltdowns'. Maybe they can't make friends or play with their siblings.

Although parenting can be extremely rewarding, enlightening and enjoyable, it can also be demanding, frustrating and exhausting. Parenting a child with a disability can be just as rewarding, but even more demanding.

This eight-week Triple P (Positive Parenting Programme) Stepping Stones course aims to make parenting children with disabilities easier. The strategies will enable you to learn more about positive parenting, discuss and share ideas about parenting and receive practical information about parenting skills that you can incorporate into everyday interactions with your child.

**For further information - please contact  
Annmarie Fevrier on 020 3490 7007 or  
email**

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**brilliantparents.org**

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