



**Brilliant
Parents**

Transforming
Children's Lives

Triple P Stepping Stones



Triple P Stepping Stones - Eight-week course
Friday 4th February 2022 - Friday 1st April 2022
(Excluding half term Friday 18th February 2022)
10am - 12noon
Delivered via Zoom

IS THIS YOU?

You have a child with a developmental disability and life is incredibly tough. Your child may seem unwilling or unable to follow instructions or master new skills. Perhaps they have terrible tantrums or emotional 'meltdowns'. Maybe they can't make friends or play with their siblings.

Although parenting can be extremely rewarding, enlightening and enjoyable, it can also be demanding, frustrating and exhausting. Parenting a child with a disability can be just as rewarding, but even more demanding.

This eight-week Triple P (Positive Parenting Programme) Stepping Stones course aims to make parenting children with disabilities easier. The strategies will enable you to learn more about positive parenting, discuss and share ideas about parenting and receive practical information about parenting skills that you can incorporate into everyday interactions with your child.

**For further information - please contact
Anmarie Fevrier on 020 3490 7007 or
email**

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