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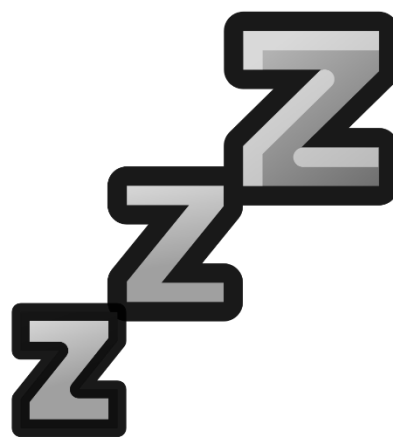
Website: www.hacs.org.uk/event-calendar/

Telephone: 0208 606 6780

“SEN & Sleep”

A workshop for parents, carers and professionals

Mark will explore the issues faced by children/teenagers with special needs in relation to sleeping. Families of Children with Special Needs may experience sleep issues that can be extreme and last for years. This workshop will explore a number of areas including why children with special needs may have sleep issues, how sensory processing differences may impact on sleep and common sleep issues, and practical strategies to manage these differences and improve sleep issues.



Trainer: Mark Brown

Mark has worked with people with special needs for over 30 years and founded Special Help 4 Special Needs in 2010, working as an advisor with a range of children with special needs

Thursday 21st May 2020 at 6:30pm – 9:30pm

£20pp for HACS members £30pp for non-members

Venue: HACS Resource Centre, Dudley Place, Hayes, UB3 1PB

Light refreshments will be provided

