

WEEKLY

NEWSLETTER

Friday 10th October 2025



KIND

RESILIENT

READY

ACTIVE

ASPIRE

Message from Miss Taunt

Dear Families,

We'd like to remind families that we are trialling a two-week half term this year, in line with Barnhill Community High School. The break will run from **Monday 27th October to Friday 7th November**. PSD Fun Clubs will be operating throughout both weeks. We hope this extended break will allow families to take advantage of more affordable holiday options, as well as provide time to rest and recover from the seasonal illnesses that go round at this time of year. As this is a trial, we will be consulting with parents and staff after the break to gather feedback.

We are proud of our strong links with Barnhill, an outstanding and over-subscribed secondary school. As a feeder school, we work closely with them to support a smooth transition for our pupils. Belmore children benefit from priority admissions, increasing their chances of securing a place in Year 7. We also have access to some of Barnhill's excellent facilities, including sports pitches and technology rooms.

Next week, we will be hosting a **SEND Coffee Morning** on **Tuesday**, with Mr Cotter, our SENDCo, and representatives from **PINS**. You can learn more about our PINS project on **page 5** of the newsletter. We kindly ask all families to take **two minutes** to complete the short survey linked below. Your feedback is invaluable and helps us improve our provision.. [PINS - Parent Carer Survey Hillingdon PCF](#)

Wishing you all a lovely, restful weekend.
Rose Taunt, Head Teacher

PS. Reception have had a bear taken from reception! They have made posters and are appealing for witnesses. Where has he gone!?

Dates for the week

Monday 13th October

Tuesday

SEND Coffee morning with the PINS Team

Years 5&6 Drumming Workshops. Families welcome to come a performance at 2.45

Wednesday

Boys Football match at Hayes Park. Selected players only

Thursday

9-11am Stay and Play for 0-4 year olds

Friday

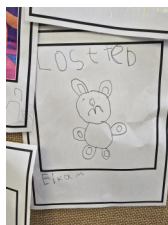
Whole school Diwali celebration, children to wear traditional dress/party clothes. Please make sure they are warm and still wear sensible shoes. No high heels or jewellery

Y3 Trip to Gunnersbury Park and Museum - school uniform to be worn

9am Years 1 and 2 Celebration Assembly. Families welcome to join.

9.45 - School tours, no booking required. New and current families welcome

2.45pm Years 3 to 6 Celebration Assembly. Families welcome to join.



[Click here for term dates](#)

Dates for your Diary

We want you to be part of our school

*We will be ACTIVE
in mind and body*

Autumn Term 2025

New things that have been added this week will be highlighted yellow.



Key Dates for the Autumn Term

Created by scott desmond
from Noun Project

October	Tuesday 14th October	SEND Coffee Morning with PINS (Partnerships for Inclusion of Neurodiversity in Schools)
	Tuesday 14th October	Years 5 & 6 Black History Drumming Workshop and topic day
	Wednesday 15th October	Boys Football Team—away match at Hayes Park. Selected players only
	Friday 17th October	Year 3 trip to Gunnersbury Park and Museum
	Friday 17th October	Diwali Celebration - Wear traditional dress/celebration clothes to celebrate Diwali
	Tuesday 21st October	Individual Photos
	Wednesday 22nd October	PTA Halloween Mufti Day and Snack Sale
	Thursday 23rd October	Open Morning for new Reception children—September 2026
	Friday 24th October	Y3 Diwali Workshop
	October Half Term	Monday 27th October—Friday 7th November
November	Week beginning Monday 10th November	Anti-bullying week Monday - Odd Socks Day
	Wednesday 12th November	Meet an Athlete Event
	Friday 14th November	Y6 MG Leonard Author Visit
	Tuesday 18th November	Year 5 and SEND Hub Space Dome Workshop
	Wednesday 19th November	Years 2, 5 and 6 NSPCC Speak Out, Stay Safe workshops
	Wednesday 19th November	Year 6 Online Behaviours workshop
	Thursday 20th November	Pupil Flu Vaccinations
	Thursday 20th November	Sports Hall Athletics Competition
	Monday 24th November	Year 2 Guy Fawkes Workshop
	Wednesday 26th November	1.00pm Early Finish 1.30-6.30pm Parents Evening
	Thursday 27th November	Y6 Gurdwara Visit
December	Thursday 4th December	PTA Christmas Disco
	Wednesday 10th December	Nursery and Reception Christmas Sing-a-long Show
	Friday 12th December	Christmas Jumper Day and Christmas Dinner
	Tuesday 16th December	9.30am and 2.15pm Year 1 and 2 Christmas Show
	Wednesday 12th December	PTA Christmas Raffle
	Thursday 18th December	Year 6 Visiting Theatre - Macbeth
	Friday 19th December	1.30pm Finish

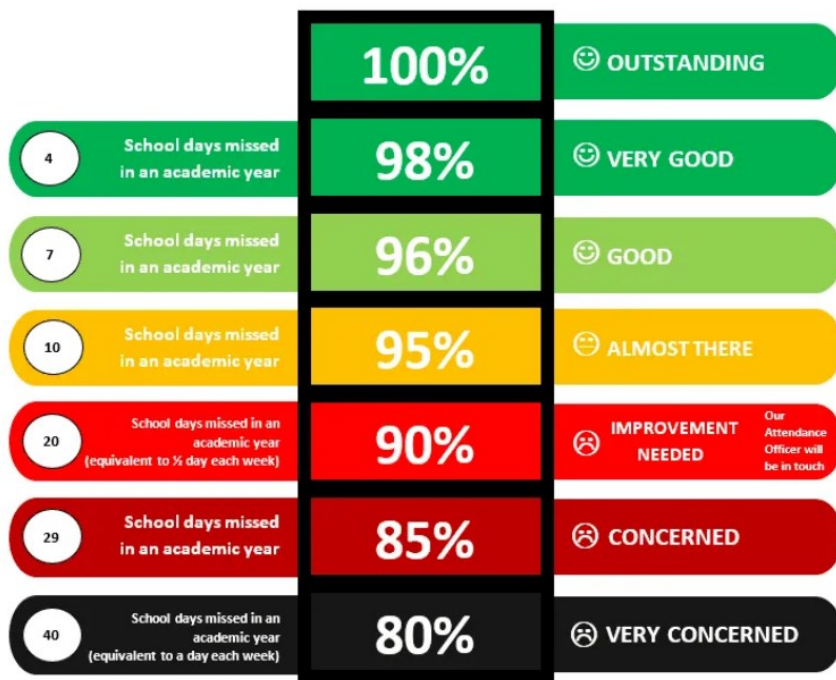
24-25 ATTENDANCE

*Attend today, Achieve tomorrow
Every day counts!*

*We will be ACTIVE
in mind and body*

If your child is unable to attend school for any reason it is important that you phone the school **before 8am** on the first day of absence and leave a message on the absence line **by calling 01895 462364 and choose option 1.**

**No 100% Non-Uniform Day
this week**



Attendance WC 06/10/25

Class	Attendance
NAM	80.7
NPM	81.3
ALL DAY	96.7
EINSTEIN & WARHOL	80.3
RCW	96.5
RW	98.2
RR	89.4
1Q	96.8
1O	87.0
2D	95.1
2R	98.8
2K	95.8
3H	98.9
3F	95.3
3A	95.1
4CH	89.8
4CL	97.9
4Q	90.0
5L	96.4
5F	96.9
5E	90.2
6L	93.2
6M	98.0
6R	97.8

Top Attendance Classes

The classes claiming the Attendance Cup for the best attendance this year are:

Lower school - 2R

Key Stage 2 - 3H



KS1 Winners: Maya and Gray

KS2 95% Club Winners: Zoya and Antonia

**This week's whole
school attendance**

94%

Our target is more than 95%

**Number of children who had 100%
attendance this Week:**

379

CELEBRATIONS & AWARDS

*We ASPIRE to be
the best we can be*

Our super stars of the week are:

Class name	Star Pupil
Warhol	Daisy
Einstein	Ameer
RCW	Gunseerat
RR	Arya
RW	Logan
1O	Zyad
1Q	Marco
2D	Mason
2R	Ka'liyah
2K	Lana
3H	Faith
3A	Sahejleen
3F	Gurparshad
4CH	Riley
4Q	Hanna
4CL	Fares
5L	Khadra
5E	Elayna
5F	Adam
6M	Bola
6L	Mason
6R	Heer

PSD Sports Champions

David	Leo	Kavyan
Leena	Keisha	Mia
Sakchyam	Hadya	Harry
Maria	Harshita	Callum
Arian	Amelia	Khadija

Our Readers of the week are:



Shyloe	Dylan
Aldion	Aaronveer
Natalia	Aaradhya
Thurkkesh	Namreeya
Ranveer	Niam
Akil	Jasper
Zoyah	Alayna
Davontae	
Bobby	





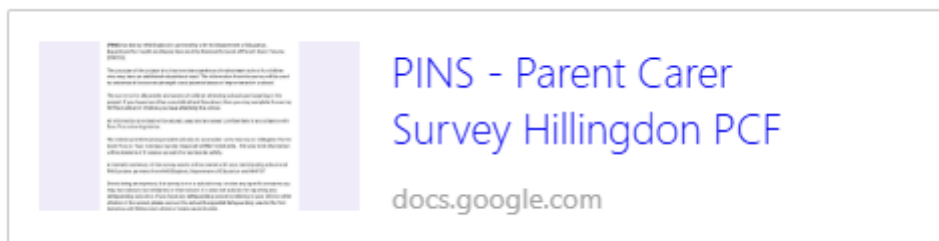
Partnerships for Inclusion of Neurodiversity in Schools

As part of our drive to develop our SEN provision across school, we are delighted to announce that we will be working with PINS (Partnership for Inclusion of Neurodiversity in School) this year. The PINS Project has already run extremely successfully in 2024-5 in 40 schools in Harrow and Hillingdon. The project will focus on early support and intervention for neurodiverse children.

The PINS Project covers the full range of neurodiversity and support covers a range of needs including but not limited to Autism, ADHD, neurodiversity and anxiety, dyslexia, dyspraxia, dysgraphia, dyscalculia, developmental language disorder and other forms of learning difficulties and needs.

We would like to invite all parents to join us for a coffee morning on Tuesday 14th October - please see attached flyer. This will give you an opportunity to meet Louise Harvey from the PINS Project. Louise will be supporting Belmore over the coming months, and would be delighted to meet with you and describe the nature of support on offer for the school, and hear your views and experiences of SEN provision and support already in place. We will be looking at current strengths and identifying areas we are keen to improve, and your input would be really valuable.

We would also encourage parents to complete the short survey clicking on the link at the top of the page, as this will help create an action plan for the school to work on as part of the project.



PINS COFFEE MORNING



**BELMORE PRIMARY
ACADEMY**

**TUESDAY 14TH OCTOBER 2025
9AM**

Join us for a relaxed and informal coffee morning aimed at bringing together parents and caregivers of children with neurodiversity.

This is a wonderful opportunity to connect with others who understand your experiences and share support.

**You will also hear about an exciting project taking place at your school
The aim of this project is to improve the education experience for neurodiverse pupils in mainstream primary schools and to help them fulfil their potential.
To achieve this your involvement is vital, so join us to hear more and meet Nicola and Louise from Hillingdon Parent Carer forum.**

You can expect coffee, cake, conversations and a safe inclusive environment



Hillingdon PCF

HALF TERM FUN WEEKS

*We will be ACTIVE
in mind and body*



FUNWEEKS

OCTOBER HALF TERM

ACTIVE CAMP



BE QUICK!
EARLY BOOKING DISCOUNT
ENDS ON 22/10/25



 **BELMORE PRIMARY
ACADEMY**

 **MON 27TH OCT - THUR 30TH OCT
MON 3RD NOV - WED 5TH NOV**

 **FOR CHILDREN IN YEARS 1 - 7**

 **10% SIBLING DISCOUNT**

 **9AM- 3PM**

 **INFO@THEPSDGROUP.ORG.UK**
 **0203 397 7409**
  **THEPSDGROUPUK**



SCAN TO BOOK

SPORTS



ARTS & CRAFTS

PRIZES

HALLOWEEN DISCO

EARLY BIRD PRICING:

**BOOK BEFORE
MIDDAY ON
22ND OCT**

£18.00

**BOOK AFTER
MIDDAY ON
22ND OCT**

£19.50

**BOOK ONLINE:
WWW.THEPSDGROUP.ORG.UK/PSD-FUNWEEKS**

STAY & PLAY

*We will be ACTIVE
in mind and body*



Every Thursday morning
8.45–10.30

**BELMORE PRIMARY SCHOOL
BABY & TODDLER
PLAY & STAY**



0–4 year olds
Parent, carers,
grandparents,
childminders, all welcome!

OPEN TO
ALL, NOT
JUST
BELMORE
FAMILIES

Entry through the
front office

SCHOOL OPEN DAYS

*We will be ACTIVE
in mind and body*

We are holding Open Days for families wanting to join our school now and for September 2026. Please share with friends and family who are thinking of joining Belmore.



Belmore Primary School Open Days

Looking for a school place for September 2026? Come and see our friendly, welcoming school where children love learning and hear from our head teacher why we might be the school for you.

No booking required
9am - Thursday 23/10
5pm - Thursday 23/10
9am - Monday 17/10
5pm - Thursday 27/10
Or contact us to arrange an alternative time

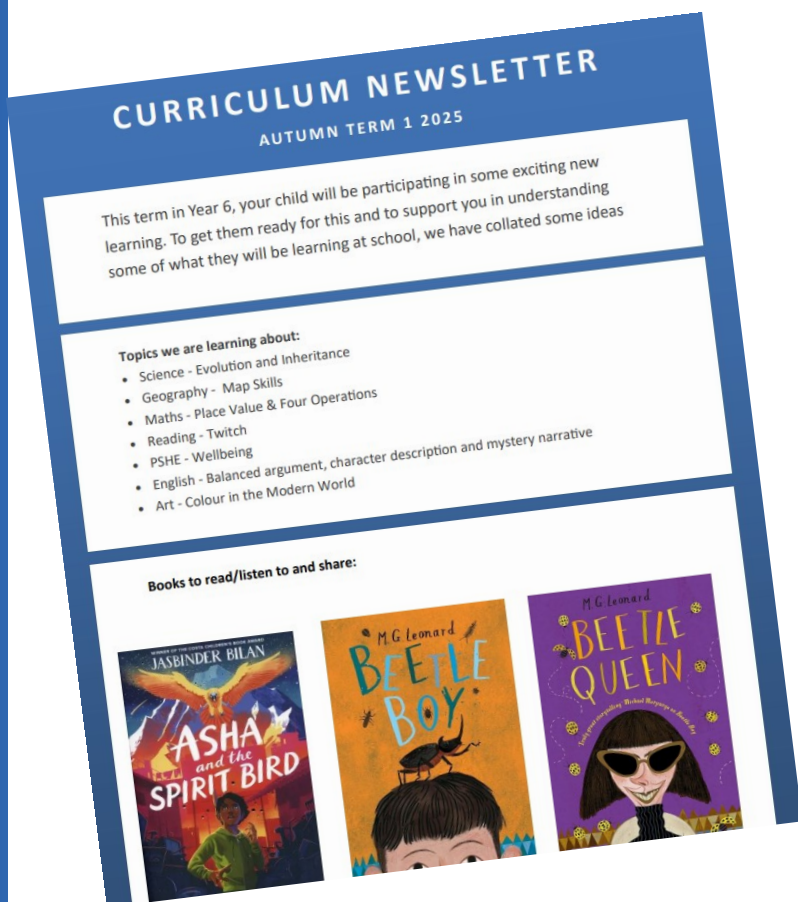


www.belmore.school
enquiries@belmore.school
01895 462 364

Don't forget we also have our weekly tours every Friday at 9.45. Just come to the front office if you want to come and see the school in action. Open to existing and new parents.

CURRICULUM INFORMATION

*We ASPIRE to be
the best we can be*



The Curriculum Newsletters are a great way to find out about what your child is learning about this term. [Click here to find your year groups—](#)

All the Meet the Teacher presentations are online. [Click here to find your year groups—](#)

Belmore Workshops & Meetings

During the school year we hold various workshops and meetings for parents/carers. We will aim to update this page regularly with information we give at our events so no one misses out.

If you would like help or further information on anything you may not be sure about, please do not hesitate to get in touch with your child's class teacher.

Please do have a look at the [school calendar](#) to see if there are any upcoming events you may wish to attend at the school.

↓	MEET THE TEACHERS - THE HUB - SEPT 2025	PDF
↓	MEET THE TEACHERS - YEAR 1 - SEPT 2025	PDF
↓	MEET THE TEACHERS - YEAR 2 - SEPT 2025	PDF
↓	MEET THE TEACHERS - YEAR 3 - SEPT 2025	PDF
↓	MEET THE TEACHERS - YEAR 4 - SEPT 2025	PDF
↓	MEET THE TEACHERS - YEAR 5 - SEPT 2025	PDF
↓	MEET THE TEACHERS - YEAR 6 - SEPT 2025	PDF

Play at Belmore – Monthly Highlights

Exploring, Digging, and Getting Muddy!

This month, we've been busy enhancing our outdoor play spaces with two exciting new additions: a **digging area** and a **mud kitchen**!

Both have quickly become lunchtime favourites, providing opportunity for creativity, collaboration, and lots of muddy fun. These areas give children the chance to explore nature, enjoy sensory play, and learn through hands-on experiences — all while embracing the joy of grassy, muddy adventures!



Belmore's Play Policy.

Please take a few minutes to read through our new Play Policy, written to ensure that all children have fun, inclusive, and high-quality play opportunities.

We are looking for donations of the following items.

If you can help us then please leave them in to wooden donation boxes at the front of school or hand them to the main office—thank you!



Suitcases and big bags



Metal pots and pans



Metal utensils

KEEPING SAFE ONLINE

We are **RESILIENT** and
learn from our mistakes

We are getting more and more children who are using online games and social media inappropriately. Make sure you have the right information to keep your child safe online.

How much screen time...



Birth to 5 years

'Bedtime stories are the best and healthiest way to settle your child'

'Studies have shown that too much screen time can cause babies and toddlers to **learn fewer words** and have **slower language development**. Excessive use of screens is also being strongly linked to **behavioural difficulties** in very young children.'

RECOMMENDATIONS:

- 1 NO screen time** between birth - 24 months except for video chatting with family and friends.
- 2 30 MINS screen time.** Children aged 2 - 5 years old should not be on screens for more than 30 min per day.
- 3 BIGGER screens.** If your child is ready to play a short game then try to use a larger screen like a tablet or computer screen. These cause less visual strain than a phone.
- 4 AVOID** using a device to settle your child down. Evidence shows this makes their anger and frustration worse in later life. **Instead try a book, a game outdoors, or just a cuddle.**
- 5 SLEEP HYGIENE.** Under 5's should **not use a screen** for at least 2 HOURS BEFORE BEDTIME, to aid their natural sleep pattern.

0-24 months

2-5 year olds

Watching lots of short videos is being linked to concentration difficulties in children.

Bigger is better

Try a cuddle or a game

Phones, tablets and computers should not be in any child's bedroom overnight.

*'SLEEP HYGIENE' is a term used for healthy habits and behaviours that help support a good night's sleep.



6 to 10 years

'Walk, run, ride a bike, anything that gets kids up and about and off their screens'

'Try and ensure screen-free time together'

Ditch screens at mealtimes! 'Studies show that eating in front of screens leads to higher obesity risk as children consume more unhealthy food!'

Studies show there is a clear link between **excessive screen use** and **difficulties with concentration, sleep and mental health**. There may also be distinct physical changes in the developing brain.

RECOMMENDATIONS:

- 1 WAKING UP WITHOUT screens** It is recommended that social media/screens are not used for the first hour of the day.
- 2 1-2 HRS PER DAY** is the suggested screen time in the week and not more than 2 hours on weekends.
- 3 STAY ACTIVE** Encourage physical activity for 1-2 hours a day.
- 4 SCREEN-FREE time together** Children will often mimic behaviours of the adults around them. Consider your own social media usage/ phone checking behaviour.
- 5 It is recommended that screens should not be used 1 HOUR before bedtime. Phones, tablets and computers should not be in a bedroom overnight.**

No screens

Keep active

Screen-free time together

Reports suggest adults touch their phones over 2000 times a day.

Sleep Hygiene. No screens 1 hour before bedtime

*'SLEEP HYGIENE' is a term used for healthy habits and behaviours that help support a good night's sleep.

UK Chief Medical Officers' advice for parents and carers on Children and Young People's screen and social media use

Technology can be a wonderful thing but too much time sitting down or using mobile devices can get in the way of important, healthy activities. Here are some tips for balancing screen use with healthy living.

Sleep matters
Getting enough, good quality sleep is very important. Leave phones outside the bedroom when it is bedtime.

Education matters
Make sure you and your children are aware of, and abide by, their school's policy on screen time.

Safely when out and about
Advise children to put their screens away while crossing the road or doing an activity that needs their full attention.

Family time together
Screen-free meal times are a good idea - you can enjoy face-to-face conversation with adults giving their full attention to children.

Sharing sensibly
Talk about sharing photos and information online and how photos and words are sometimes manipulated. Parents and carers should never assume that children are happy for their photos to be shared. For everyone - when in doubt, don't upload!

Keep moving!
Everyone should take a break after a couple of hours sitting or lying down using a screen. It's good to get up and move about a bit. It'll make you more alert.

Talking helps
Talk with children about using screens and what they are watching. A change in behaviour can be a sign they are distressed - make sure they know they can always speak to you or another responsible adult if they feel uncomfortable with screen or social media use.

Use helpful phone features
Some devices and platforms have special features - try using these features to keep track of how much time you (and with their permission, your children) spend looking at screens or on social media.



Created by Scott Desmond from Noun Project

NSPCC

Click here to find out more from these organisations

internet matters.org

Please let us know if they are any concerns regarding bullying online so that we can support children in school. As parents, it is your responsibility to monitor and check children's usage and devices.

READING MATTERS

Books build a stairway to your imagination

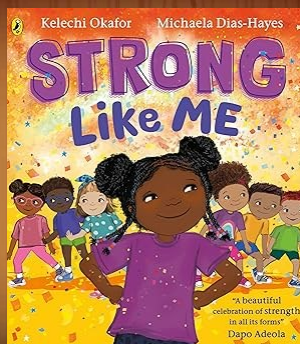
*We are RESILIENT and
learn from our mistakes*

October is **Black History Month** and this month's recommended reads books highlight Black voices and experiences. Each of these stories helps children learn about history, identity, and standing up for what's right. They reflect the richness of Black culture, the importance of inclusion and inspire empathy, curiosity and pride.

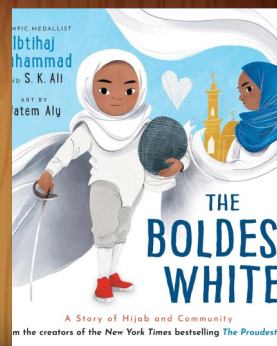
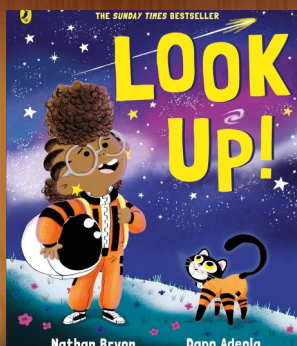
We would love for you to enjoy these books together at home and continue these conversations with

October 2025 Recommended Reads

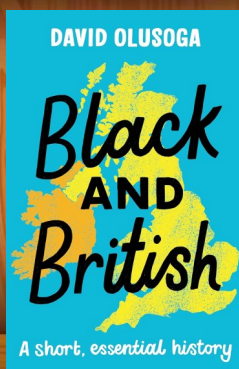
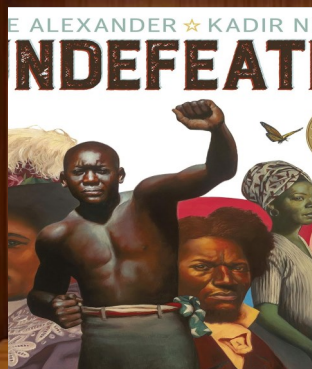
EYFS



KS1



KS2



SUPPORT OUR SCHOOL

We are *KIND, RESPECTFUL*
and *WORK TOGETHER*



Please support us by putting your old unwanted clothes in the green bin just inside the front gates, For every full bin you donate we receive money towards future green projects in school



See your favourite brands donate to us whenever you spend with them

Find out more

Uber Eats

ebay

M&S

JOHN LEWIS

Argos

8,000+ online brands

Sign up with easyfundraising page at [here](#), or scan or click on the QR code. Then you can donate to the school every time you shop online.

easyfundraising turns your online shopping into everyday magic



easyfundraising

You shop, brands donate to us



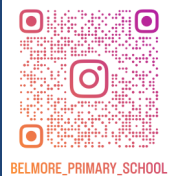
Click here to purchase something from here for our school. Please make sure you include your name so we can thank you!

amazon

Do you own a business or know someone who does. Would you like a weekly advert on our newsletter plus mentions on our Facebook and Social Media pages? Just buy something from our Wish list below, put your business name on the order and email the office details of your business and we'll put it on this page every week until Christmas!

SOCIAL MEDIA HIGHLIGHTS

We *ASPIRE* to be
the best we can be



SCAN ME



We blur children's faces to respect children's privacy on social media.