



# Community Sports Trust

Our Schools Provision

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# Who We Are

With community work spanning more than three decades, Brentford FC Community Sports Trust has established itself as a pioneering organisation for the local community. It uses the power of sport to educate, motivate and inspire people from all backgrounds.

Working in partnership with Brentford FC, the Trust offers a portfolio of programmes in education, employability, sports participation, health and community engagement. We have won the 'Football League Community Club of the Year' award four times and cemented our reputation as community-led football club.

Working in more than 100 schools, we deliver quality-assured sport and education programmes – enhancing pupils' physical activity through a wide range of sporting activities.



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# Our Premier League Primary Stars Initiative

The Premier League's Primary Stars initiative uses the appeal of the Premier League and professional football clubs to improve and enhance physical education (PE) and other curriculum areas, developing skills and values that are crucial to success in later life.

The scheme offers a range of bespoke curriculum-linked teaching resources aimed at Key Stages One and Two, including lesson plans, activity ideas, worksheets and video content.

The aims of the project are:

- To increase children's enjoyment, participation and skills in competitive and non-competitive sports and physical activity.
- To increase children's understanding of the personal skills and values needed to achieve their goals.

- To enhance children's interest, understanding and confidence in English and Maths.
- To enhance the knowledge, skills and confidence of teachers to improve delivery of PE and school sport.
- To support young people into further participation pathways in sport.

These outcomes are achieved through:

- Staff CPD "Skill Swap"
- Anti-Discrimination Workshops
- Social Action Projects
- English, Maths and PSHE Interventions
- Competitions and Sports Days

For more information, please contact Bevan Vincent on: [bvincent@brentfordfcst.com](mailto:bvincent@brentfordfcst.com) or call **0208 326 7030**.



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“ I can already notice the difference in energy levels from me and the children from Week One of the Autumn term, to now. I am starting to find PE lessons a lot more exciting and I am sure the children are too. Thank you for supporting me with my professional development and helping me grow.

Deborah  
LKS2 Teacher, Hillingdon Borough School











# Gymnastics Sessions

Our Gymnastics programme provides a variety of gymnastics sessions for ages 16 months through to 18 years old. The sessions are run by our team of specialist qualified gymnastics coaches.

We provide preschool and recreational gymnastics sessions out of our hub at Gunnersbury Park, teaching a range of floor, vault, and acrobatic skills.

Our extracurricular school sessions provide a fun and safe environment for participants who are new to the sport to learn skills and grow in confidence. We also run clubs for competitive schools teams who compete at a regional and national level.

For more information about our **Gymnastics programme**, please contact Ellie Morley on: **[emorley@brentfordfcst.com](mailto:emorley@brentfordfcst.com)** or call **0208 326 7030**.



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I would highly recommend the gymnastics coaches at Brentford FC CST. Ellie is a fantastic coach and choreographer and having her on board has greatly improved our gymnastics provision and contributed towards the success of our school gym club.

Natalie Drinkwater  
Grey Court











# Our Joy of Moving Project

The Joy of Moving project is a national school-based educational project for children aged between 9-10.

The initiative, which has been developed in partnership with the English Football League Trust and Ferrero, is run across four London boroughs. The programme encourages physical activity, promotes nutritional education and builds awareness of the importance of a healthy diet and active lifestyle.

Over a six-week programme, children spend time in the classroom learning about the body, nutrition and the importance of exercise – this is then followed by a session dedicated to playing the tailored Joy of Moving games.

Taylah Hilli, Year 5 teacher at Mount Carmel Primary School, said:

“ Our Year 5 pupils really enjoyed the programme. It has developed their practical movement skills as well as their understanding of healthy eating which supports our healthy school ethos. They found the theory sessions very informative and loved the practical activities. Thanks to the coaches for all their input.

For more information about our **Joy of Moving project**, please contact Ben Smyth on: [bsmyth@brentfordfcst.com](mailto:bsmyth@brentfordfcst.com) or on **0208 326 7030**.



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“ I enjoyed learning about how our bodies work and why exercise is good for us. I love that we played football and other sports – it really helped me to communicate with my classmates.

Harkanwalpreet  
Year 5 Pupil



# PE and School Sport

Our bespoke schools offer includes:

- Tailored P.E provision
- Extensive extra-curricular sports clubs
- Support with pupils' team training fixtures

## Tailored P.E provision

We deliver a tailored P.E provision for all school ages from Reception to Year 6 – adapting sessions to the needs of your school. Our experienced and qualified coaches will aim to improve pupils' technical, physical, social and psychological skills.

All staff delivering curriculum lessons hold, or are working towards, their Level 3 Supporting the Delivery of Physical Education & School Sport (L3PESS) qualification.

## Extra-curricular Sports Clubs

We offer a comprehensive range of extra-curricular clubs during breakfast, lunch and after-school. The sessions focus on developing key fundamental skills through a combination of technical practices and small-sided games.

### ***We can deliver the following clubs:***

Football, Netball, Cricket, Dodgeball, Basketball, Athletics, Multi-Skills, Gifted & Talented, School Team training, Tennis, Dance & Gymnastics, Ultimate Frisbee, Futsal, Health and Fitness, Tag Rugby, Handball.

## Support with team training and fixtures

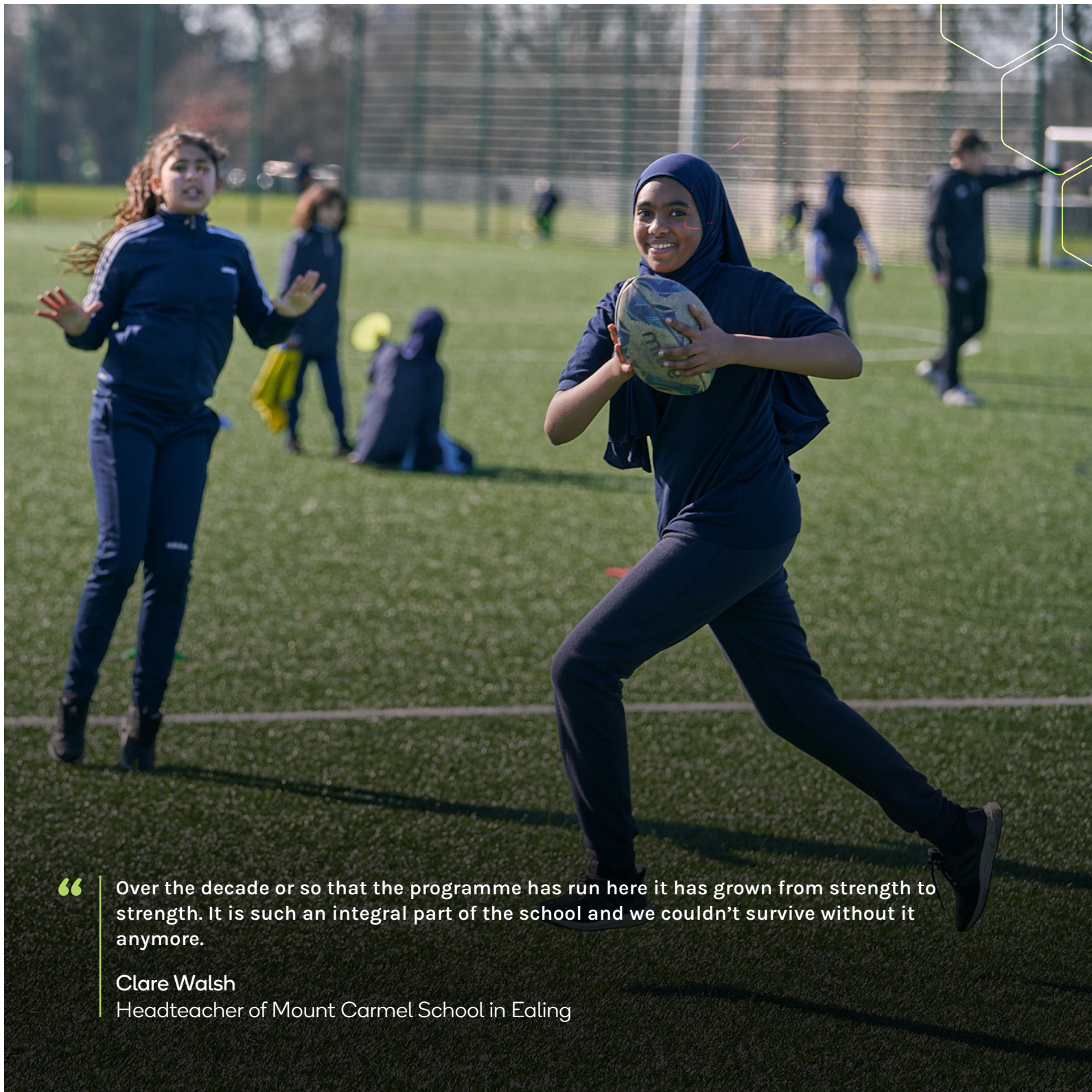
Throughout the academic year, our experienced coaches can support your school with the delivery of your school team training and fixture calendar.

For more information, email us at [schools@brentfordfcst.com](mailto:schools@brentfordfcst.com)



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“ Over the decade or so that the programme has run here it has grown from strength to strength. It is such an integral part of the school and we couldn't survive without it anymore.

Clare Walsh  
Headteacher of Mount Carmel School in Ealing











# Secondary School Sport

The Trust deliver tailored P.E and enrichment time for Secondary Schools across West London. This ranges from Year 7 students through to Sixth Form.

Our experienced and qualified coaches will aim to improve pupils' technical, physical, social and psychological skills.

One of our key deliverables in secondary schools is Football Game Support, whereby we support P.E. teachers running afternoon football sessions. In addition to this, we offer a comprehensive range of extra-curricular clubs during breakfast and after-school. The sessions focus on developing key fundamental skills through a combination of technical practices and small-sided games.

We also provide qualified Gymnastic coaching, delivering team training and routines, as well as P.E. CPD for teachers or P.E. lessons.

For more information, email us at [schools@brentfordfcst.com](mailto:schools@brentfordfcst.com)



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We have been very pleased with the impact Brentford FC Community Sports Trust have had upon our sports and activities programme at TASIS, since striking up the partnership August 2022. Martin and his team have provided excellent customer service and a high standard of delivery in several key areas. We have found all the coaching staff thoroughly professional in their approach and are really impressed by the way they are consistently able to engage TASIS students with the quality of their delivery. The feedback from our students has been overwhelmingly positive, which has been a real highlight for us as a department.

Marc Butler

Teacher, TASIS - The American International School in England



To find out more about our Schools Provision, please contact our  
**Schools Department** on **0208 326 7030** or at **[schools@brentfordfcst.com](mailto:schools@brentfordfcst.com)**.



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**Realising Potential**

Include, Innovate, Inspire



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