

CURRICULUM NEWSLETTER

AUTUMN TERM 1 2026

This term is all about your child settling into Reception. We will be focusing on personal, social and emotional skills and there will be a big focus on talking about ourselves, our feelings and our families.

Topics we will be learning about:

Adventure into Friendship and Feelings

This topic teaches children about how they are unique and special, and the importance of friendship and kindness. Children will first be introduced to the book *All Are Welcome*, which celebrates diversity and shows how everyone is welcome in our school, no matter how different we are. This topic helps children settle into new school rules and routines while building confidence in their class. It encourages them to form friendships and develop social skills by promoting kindness, helpfulness, and thoughtfulness at home and in school. Using *The Colour Monster* book as a key resource, children explore different emotions, learn to express their feelings, and understand how others might feel. This topic supports personal, social, and emotional development by fostering a sense of belonging, improving communication, and encouraging positive interactions with others.



Everyday Superheroes

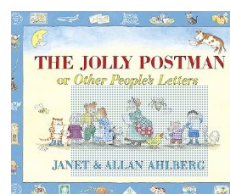
The topic will explore the people in our local community who help us, such as paramedics and firefighters, and children will have the exciting opportunity to meet these everyday superheroes through visits. This topic encourages children to appreciate the people who support and care for them, while fostering a sense of belonging and understanding of their own importance in the world. It also focuses on the importance of family and the people who care for them.



Books we are sharing in school:

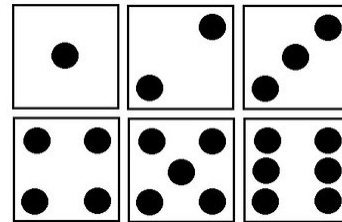
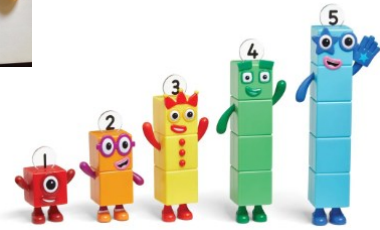


Books to read/listen to at home:



Maths:

- **Repeating Patterns**
- **Number Blocks—looking at composition of numbers 1 to 5.**
- **Subitising 1 to 5—Recognising a group of objects without counting**



Places to visit:

- The library
- The park
- The postbox to send a letter/picture/card to a family member

Websites to explore:

- Little Wandle - Our school phonics scheme [Overview - Letters and Sounds](#)
- Numberblocks Maths Episodes - [Numberblocks - BBC iPlayer](#)
- Cosmic Kids Yoga - Youtube.

Important Dates:

People Who Help Us dress up day—TBC