



Whiteheath Infant and Nursery School, Ladygate Lane, Ruislip, Middlesex HA4 7RF
Every Thursday 19th September 2019 — 14th November 2019
(Excluding Thursday 31st October 2019 half term)

IS THIS YOU?

You have a child with a developmental disability and life is incredibly tough. Your child may seem unwilling or unable to follow instructions or master new skills. Perhaps they have terrible tantrums or emotional 'meltdowns'. Maybe they can't make friends or play with their siblings.

Although parenting can be extremely rewarding, enlightening and enjoyable, it can also be demanding, frustrating and exhausting. Parenting a child with a disability can be just as rewarding, but even more demanding.

This eight-week Triple P (Positive Parenting Programme) Stepping Stones course aims to make parenting children with disabilities easier. The strategies will enable you to learn more about positive parenting, discuss and share ideas about parenting and receive practical information about parenting skills that you can incorporate into everyday interactions with your child

For more information or to secure your place, please contact:

Brilliant Parents

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Email: enquiries@brilliantparents.org