

WEEKLY

NEWSLETTER

Friday 17th October 2025



KIND

RESILIENT

READY

ACTIVE

ASPIRE

Message from Miss Taunt

Dear Families,

Owen Road Parking

Just a quick reminder about parking on Owen Road. **Please don't park across driveways** - one of our neighbours missed an important appointment this week because someone was blocking her drive at the end of the day. We'd also like to ask that you **avoid driving down Owen Road altogether**, to help keep the road safe and quiet for our children. We've spoken to our local councillor, Jas Dhot, about the situation, and we'll be collecting signatures for a petition after half term. If you have any concerns about traffic on Owen Road, you can email Hillingdon Council's STARS (School Travel and Road Safety) Team at stars@hillingdon.gov.uk.

Adventurers Update

Sadly, **Miss Paisley**, our Adventurers Leader, left us this week. We'd like to thank her for all her work in setting up Adventurers and wish her the very best for the future. We're pleased to let you know that **Ms Malesci** will be taking over as Adventurers Lead.

Head Pupil Team & School Councillors

We're very pleased to announce this year's **Head Pupil Team and School Councillors**. The Year 6s had a pretty gruelling interview with myself and Mr Maudsley, and we were really impressed by the four pupils who make up our new Head Pupil Team. Our School Councillors were voted in by their peers after giving speeches to their year groups. We're really proud of them all and I'm looking forward to working with them to make our school even better.

Have a lovely weekend.

Rose Taunt, Head Teacher



Dates for the week

Monday 20th October

2K 100% Attendance Non Uniform Day

Girls' Football Team—Home Game. Selected pupils only

Tuesday

Parent/Carer Coffee Morning 8.50-10am

Individual School Photos, All children to come in full school uniform

Wednesday

PTA Halloween Mufti Day and after school snack sale

Boys' Football Team—Away Game. Selected pupils only

Thursday

9-11am Stay and Play for 0-4 year olds

9am and 5pm Reception Open Morning for new parents

Friday

Y3 Diwali Workshop

9am Years 1 and 2 Celebration Assembly. Families welcome to join.

9.45 - School tours, no booking required. New and current families welcome

2.45pm Years 3 to 6 Celebration Assembly. Families welcome to join.

Half term:

Monday 27th October to

Friday 7th November.

Dates for your Diary

We want you to be part of our school

*We will be ACTIVE
in mind and body*

Autumn Term 2025

New things that have been added this week will be highlighted yellow.



Key Dates for the Autumn Term

Created by scott desmond
from Noun Project

October	Tuesday 21st October	Individual Photos
	Wednesday 22nd October	PTA Halloween Mufti Day and Snack Sale
	Thursday 23rd October	9am and 5pm: Open session for new Reception children for September 2026
	Friday 23rd October	Y3 Diwali Workshop
	October Half Term	Monday 27th October—Friday 7th November
November	Week beginning Monday 10th November	Anti-bullying week Monday - Odd Socks Day
	Wednesday 12th November	Meet an Athlete Event
	Friday 14th November	Y6 MG Leonard Author Visit
	Monday 17th November	9am Open Morning for new Reception children for September 2026
	Tuesday 18th November	Year 5 and SEND Hub Space Dome Workshop
	Wednesday 19th November	Years 2, 5 and 6 NSPCC Speak Out, Stay Safe workshops
	Wednesday 19th November	Year 6 Online Behaviours workshop
	Thursday 20th November	Pupil Flu Vaccinations
	Thursday 20th November	Sports Hall Athletics Competition
	Monday 24th November	Year 2 Guy Fawkes Workshop
	Wednesday 26th November	1.00pm Early Finish including Nursery 1.30-6.30pm Parents Evening Slots will be booked on Dojo, more information to follow after half term
	Thursday 27th November	Y6 Gurdwara Visit
	Thursday 27th November	5pm Open Evening for new Reception children—September 2026
December	Thursday 4th December	PTA Christmas Disco
	Wednesday 10th December	Nursery and Reception Christmas Sing-a-long Show
	Friday 12th December	Christmas Jumper Day and Christmas Dinner
	Tuesday 16th December	9.30am and 2.15pm Year 1 and 2 Christmas Show
	Wednesday 12th December	PTA Christmas Raffle
	Thursday 18th December	Year 6 Visiting Theatre - Macbeth
	Friday 19th December	1.30pm Finish No Nursery all day

2026 Dates

Wednesday 18th March 2026 - Spring Term Parents' Evening. 1pm school closure; Meetings: 1.30-6.30pm

Tuesday 7th July 2026—Open Evening, 4-6pm

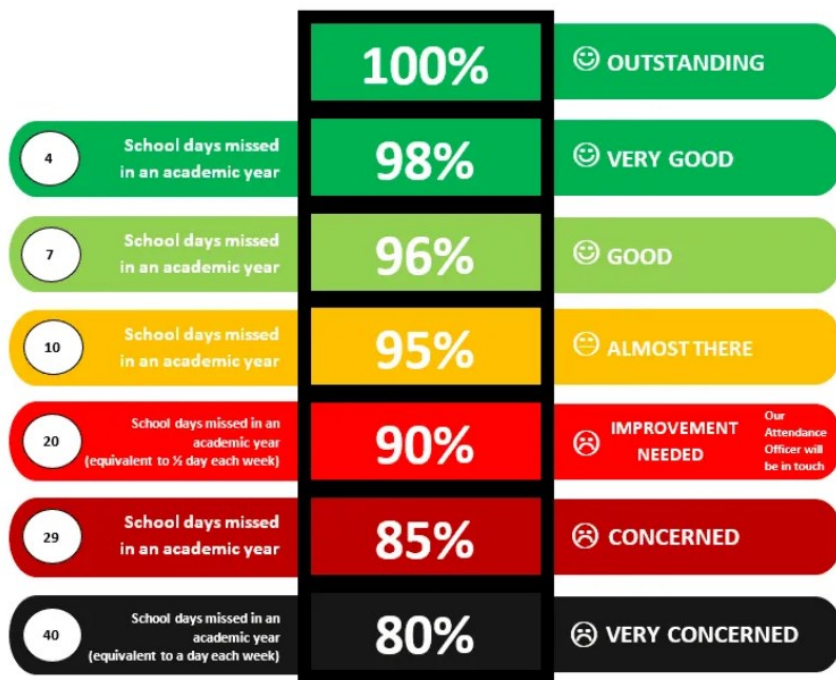
24-25 ATTENDANCE

*Attend today, Achieve tomorrow
Every day counts!*

*We will be ACTIVE
in mind and body*

If your child is unable to attend school for any reason it is important that you phone the school **before 8am** on the first day of absence and leave a message on the absence line **by calling 01895 462364 and choose option 1.**

2K—100% Non-Uniform Day on Monday!!



Attendance WC 13/10/25

Class	Attendance
NAM	92.7
NPM	80.0
ALL DAY	89.3
EINSTEIN & WARHOL	71.9
RCW	89.8
RW	98.0
RR	93.5
1Q	94.2
1O	91.5
2D	93.0
2R	96.2
2K	100.0
3H	96.8
3F	95.0
3A	90.9
4CH	95.0
4CL	96.7
4Q	89.0
5L	96.7
5F	96.5
5E	94.8
6L	95.9
6M	93.6
6R	93.5

Top Attendance Classes

The classes claiming the Attendance Cup for the best attendance this year are:

Lower school - 2K

Key Stage 2 - 3H



**This week's whole
school attendance**

↓ 93%

Our target is more than 95%

**Number of children who had 100%
attendance this Week:**

↑ 381

CELEBRATIONS & AWARDS

We ASPIRE to be
the best we can be

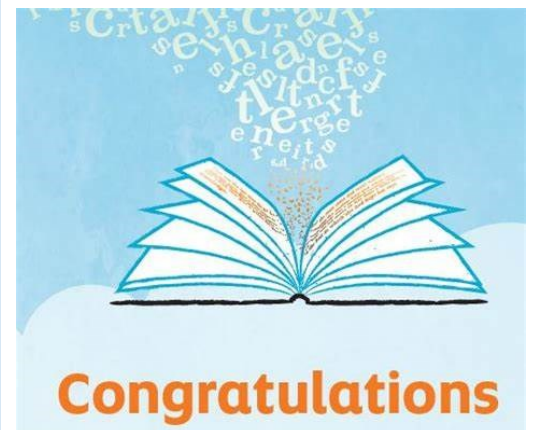
Our super stars of the week are:

Class name	Star Pupil
Warhol	
Einstein	
RCW	Leah
RW	Harper
RR	Maria
1O	Elune
1Q	Safa
2D	Luana
2R	Bella
2K	Ibrahim
3H	Trip!
3F	Trip!
3A	Trip!
4CH	Emanuel
4CL	Aaranya
4Q	Emely
5L	Jood
5F	Serrat
5E	Aaradhya
6M	Jaya
6L	Brian
6R	Lihirthan

PSD Sports Champions

Ahaanveer	Alfie	Bodhi
Erik	Arina	Israa
Hanna	Jeaven	Elayna
Amy	Casey	Jaya and
Amira	Ray	Zack

Our Readers of the week are:



Scarlett	Kaleb
Hunter	Namreeya
Maya	Pranish
Rakshayan	Laura
Johnny	
Unisha	
Layla	
Ray	
Connor	
Francis	



HALLOWEEN *Snack Sale*

“SPOOKTACULAR HALLOWEEN SNACK
AND TOY SALE ”

22ND OCTOBER

3PM

**COME AND JOIN US IN THE
PLAYGROUND AND
OUTSIDE THE MAIN OFFICE**

BELMORE PTA

HALF TERM FUN WEEKS

*We will be ACTIVE
in mind and body*



FUNWEEKS

OCTOBER HALF TERM

ACTIVE CAMP



BE QUICK!
EARLY BOOKING DISCOUNT
ENDS ON 22/10/25



 **BELMORE PRIMARY
ACADEMY**

 **MON 27TH OCT - THUR 30TH OCT
MON 3RD NOV - WED 5TH NOV**

 **FOR CHILDREN IN YEARS 1 - 7**

 **10% SIBLING DISCOUNT**

 **9AM- 3PM**

 **INFO@THEPSDGROUP.ORG.UK**
 **0203 397 7409**
  **THEPSDGROUPUK**



SCAN TO BOOK

SPORTS



ARTS & CRAFTS

PRIZES

HALLOWEEN DISCO

EARLY BIRD PRICING:

**BOOK BEFORE
MIDDAY ON
22ND OCT**

£18.00

**BOOK AFTER
MIDDAY ON
22ND OCT**

£19.50

**BOOK ONLINE:
WWW.THEPSDGROUP.ORG.UK/PSD-FUNWEEKS**

STAY & PLAY

*We will be ACTIVE
in mind and body*



Every Thursday morning
8.45–10.30

**BELMORE PRIMARY SCHOOL
BABY & TODDLER
PLAY & STAY**

**FREE!
NO NEED
TO BOOK**

0–4 year olds
Parent, carers,
grandparents,
childminders, all welcome!

**OPEN TO
ALL, NOT
JUST
BELMORE
FAMILIES**

Entry through the
front office

SCHOOL OPEN DAYS

*We will be ACTIVE
in mind and body*

**Next
week**

We are holding Open Days for families wanting to join our school now and for September 2026. Please share with friends and family who are thinking of joining Belmore.



Belmore Primary School Open Days

Looking for a school place for September 2026? Come and see our friendly, welcoming school where children love learning and hear from our head teacher why we might be the school for you.

No booking required
9am - Thursday 23/10
5pm - Thursday 23/10
9am - Monday 17/10
5pm - Thursday 27/10
Or contact us to arrange an alternative time



www.belmore.school
enquiries@belmore.school
01895 462 364

Don't forget we also have our weekly tours every Friday at 9.45. Just come to the front office if you want to come and see the school in action. Open to existing and new parents.

Play at Belmore – Monthly Highlights

Exploring, Digging, and Getting Muddy!

This month, we've been busy enhancing our outdoor play spaces with two exciting new additions: a **digging area** and a **mud kitchen**!

Both have quickly become lunchtime favourites, providing opportunity for creativity, collaboration, and lots of muddy fun. These areas give children the chance to explore nature, enjoy sensory play, and learn through hands-on experiences — all while embracing the joy of grassy, muddy adventures!



Belmore's Play Policy.

Please take a few minutes to read through our new Play Policy, written to ensure that all children have fun, inclusive, and high-quality play opportunities.

We are looking for donations of the following items.

If you can help us then please leave them in to wooden donation boxes at the front of school or hand them to the main office—thank you!



Suitcases and big bags



Metal pots and pans



Metal utensils

KEEPING SAFE ONLINE

We are **RESILIENT** and
learn from our mistakes

We are getting more and more children who are using online games and social media inappropriately. Make sure you have the right information to keep your child safe online.

How much screen time...



Birth to 5 years

'Bedtime stories are the best and healthiest way to settle your child'

'Studies have shown that too much screen time can cause babies and toddlers to **learn fewer words** and have **slower language development**. Excessive use of screens is also being strongly linked to **behavioural difficulties** in very young children.'

RECOMMENDATIONS:

- 1 NO screen time** between birth - 24 months except for video chatting with family and friends.
- 2 30 MINS screen time.** Children aged 2 - 5 years old should not be on screens for more than 30 min per day.
- 3 BIGGER screens.** If your child is ready to play a short game then try to use a larger screen like a tablet or computer screen. These cause less visual strain than a phone.
- 4 AVOID** using a device to settle your child down. Evidence shows this makes their anger and frustration worse in later life. **Instead try a book, a game outdoors, or just a cuddle.**
- 5 SLEEP HYGIENE.** Under 5's should **not use a screen** for at least 2 HOURS BEFORE BEDTIME, to aid their natural sleep pattern.

0-24 months

2-5 year olds

Watching lots of short videos is being linked to concentration difficulties in children.

Bigger is better

Try a cuddle or a game

Phones, tablets and computers should not be in any child's bedroom overnight.

*'SLEEP HYGIENE' is a term used for healthy habits and behaviours that help support a good night's sleep.



6 to 10 years

'Walk, run, ride a bike, anything that gets kids up and about and off their screens'

'Try and ensure screen-free time together'

Ditch screens at mealtimes! 'Studies show that eating in front of screens leads to higher obesity risk as children consume more unhealthy food!'

Studies show there is a clear link between **excessive screen use** and **difficulties with concentration, sleep and mental health**. There may also be distinct physical changes in the developing brain.

RECOMMENDATIONS:

- 1 WAKING UP WITHOUT screens** It is recommended that social media/screens are not used for the first hour of the day.
- 2 1-2 HRS PER DAY** is the suggested screen time in the week and not more than 2 hours on weekends.
- 3 STAY ACTIVE** Encourage physical activity for 1-2 hours a day.
- 4 SCREEN-FREE time together** Children will often mimic behaviours of the adults around them. Consider your own social media usage/ phone checking behaviour.
- 5 It is recommended that screens should not be used 1 HOUR before bedtime. Phones, tablets and computers should not be in a bedroom overnight.**

No screens

Keep active

Screen-free time together

Reports suggest adults touch their phones over 2000 times a day.

Sleep Hygiene. No screens 1 hour before bedtime

*'SLEEP HYGIENE' is a term used for healthy habits and behaviours that help support a good night's sleep.

UK Chief Medical Officers' advice for parents and carers on Children and Young People's screen and social media use

Technology can be a wonderful thing but too much time sitting down or using mobile devices can get in the way of important, healthy activities. Here are some tips for balancing screen use with healthy living.

Sleep matters
Getting enough, good quality sleep is very important. Leave phones outside the bedroom when it is bedtime.

Education matters
Make sure you and your children are aware of, and abide by, their school's policy on screen time.

Safely when out and about
Advise children to put their screens away while crossing the road or doing an activity that needs their full attention.

Family time together
Screen-free meal times are a good idea - you can enjoy face-to-face conversation with adults giving their full attention to children.

Sharing sensibly
Talk about sharing photos and information online and how photos and words are sometimes manipulated. Parents and carers should never assume that children are happy for their photos to be shared. For everyone - when in doubt, don't upload!

Keep moving!
Everyone should take a break after a couple of hours sitting or lying down using a screen. It's good to get up and move about a bit. It'll make you more alert.

Talking helps
Talk with children about using screens and what they are watching. A change in behaviour can be a sign they are distressed - make sure they know they can always speak to you or another responsible adult if they feel uncomfortable with screen or social media use.

Use helpful phone features
Some devices and platforms have special features - try using these features to keep track of how much time you (and with their permission, your children) spend looking at screens or on social media.



Created by Scott Desmond from Noun Project

NSPCC

Click here to find out more from these organisations

internet matters.org

Please let us know if they are any concerns regarding bullying online so that we can support children in school. As parents, it is your responsibility to monitor and check children's usage and devices.

READING MATTERS

Books build a stairway to your imagination

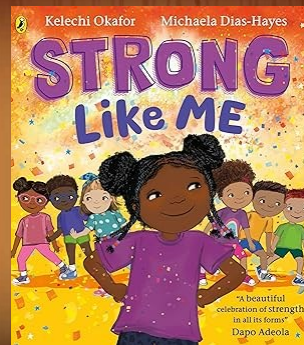
*We are RESILIENT and
learn from our mistakes*

October is **Black History Month** and this month's recommended reads books highlight Black voices and experiences. Each of these stories helps children learn about history, identity, and standing up for what's right. They reflect the richness of Black culture, the importance of inclusion and inspire empathy, curiosity and pride.

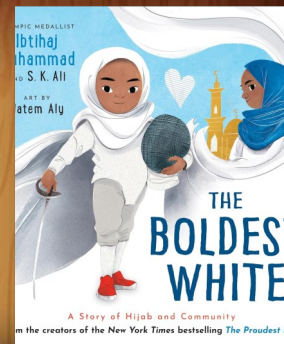
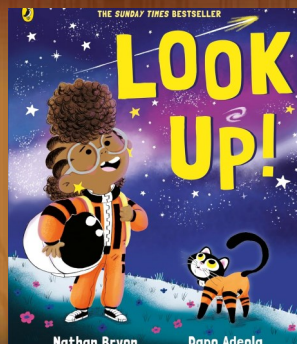
We would love for you to enjoy these books together at home and continue these conversations with

October 2025 Recommended Reads

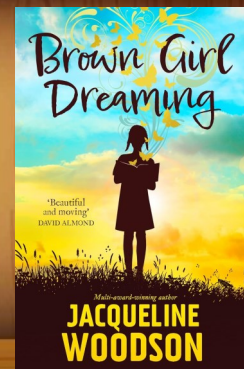
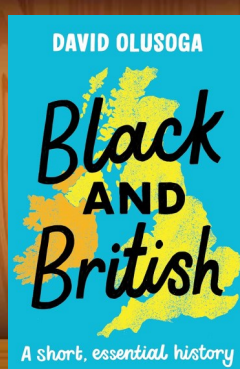
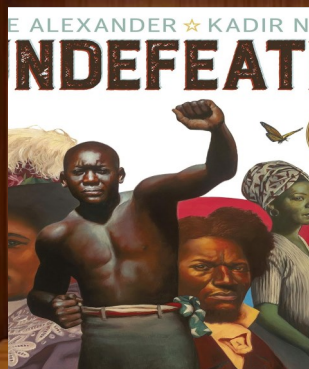
EYFS



KS1



KS2



SUPPORT OUR SCHOOL

We are *KIND, RESPECTFUL*
and *WORK TOGETHER*



Please support us by putting your old unwanted clothes in the green bin just inside the front gates, For every full bin you donate we receive money towards future green projects in school



See your favourite brands donate to us whenever you spend with them

Find out more

Uber Eats

ebay

M&S

JOHN LEWIS

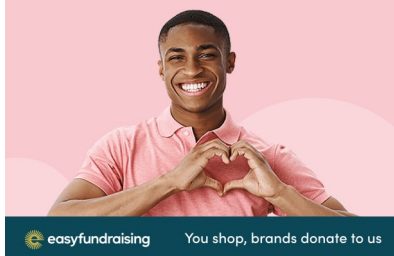
Argos

8,000+ online brands

Sign up with easyfundraising page at [here](#), or scan or click on the QR code. Then you can donate to the school every time you shop online.



easyfundraising turns your online shopping into everyday magic



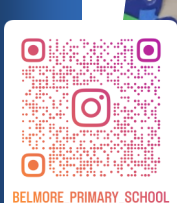
Click here to purchase something from here for our school. Please make sure you include your name so we can thank you!

amazon

Do you own a business or know someone who does. Would you like a weekly advert on our newsletter plus mentions on our Facebook and Social Media pages? Just buy something from our Wish list below, put your business name on the order and email the office details of your business and we'll put it on this page every week until Christmas!

SOCIAL MEDIA HIGHLIGHTS

We *ASPIRE* to be the best we can be



We blur children's faces to respect children's privacy on social media.