



**HILLINGDON CHILDREN’S INTEGRATED THERAPY SERVICE - CITS
 Speech and Language Therapy Mainstream Schools Team**

Zoom Parent Workshops – November 2021

You are invited to attend an online workshop with Speech and Language Therapists from the Mainstream Schools Team, via Zoom.

All these workshops can be joined on the link below:
<https://us02web.zoom.us/j/89888938292?pwd=SHZsNTZBMytqamZwaEhQL1dkeDZidz09>
 Meeting ID: 898 8893 8292
 Passcode: 997720

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| <p style="text-align: center;">Stammering</p> <p style="text-align: center;">Wednesday 24th November 2021 at 1.30pm</p> <p>The session will:</p> <ul style="list-style-type: none"> • Help you find out more about children’s stammering • Give an overview of useful strategies and activities to support your child • Share sources of further information and support | <p style="text-align: center;">Lego Therapy</p> <p style="text-align: center;">Tuesday 23rd November 2021 at 1.30pm</p> <p>The session will:</p> <ul style="list-style-type: none"> • Give an overview of what Lego Therapy is • Explain why we use Lego Therapy • Give parents ideas of how to adapt Lego Therapy into other activities at home |
| <p style="text-align: center;">Speech Sounds</p> <p style="text-align: center;">Friday 26th November 2021 at 4pm</p> <p>The session will:</p> <ul style="list-style-type: none"> • Explain types of speech sound assessment • Describe the typical pattern of speech sound development and types of speech sound difficulties • Give an overview of speech sound therapy activities you can do at home • Share sources of further information and support | <p style="text-align: center;">Emotional Regulation</p> <p style="text-align: center;">Monday 22nd November 2021 at 11.30am Thursday 25th November 2021 at 4pm</p> <p>The session will:</p> <ul style="list-style-type: none"> • Discuss what emotional regulation difficulties look like • Discuss the impact of emotional regulation difficulties • Give an overview of different strategies we can use to support emotional regulation |

- **These are ONLINE workshops delivered on Zoom which is free to use**
- **You can join on a phone or laptop but the information is easier to read on a larger screen**
- **Parents will be asked to have their microphones and videos off during the presentation**
- **Each workshop will have the waiting room enabled. Please wait in the waiting room until the speaker allows you into the meeting.**

Please contact the CITS service by email to register on the date you would like to attend:
citsadmin.cnwl@nhs.net

If you would like the same information delivered to you in a different format or if you require an interpreter to access the information from the workshop in your home language, please contact the **CITS service on: 01895 488 200** and we will aim to provide this.

We hope you are able to join us.